

Alignment Template: Align achievement standards and structural curriculum elements

Year 7 and 8 Health and Physical Education

Aspects of the achievement standard	Year or band description	Strands	Sub-strands	Thread	Content descriptions	Elaborations	Critical and creative thinking	Literacy
<p>Investigate strategies and practices that enhance their own, others' and community health, safety and wellbeing.</p>	<p>Students learn how to take positive action to enhance their own and others' health, safety and wellbeing.</p> <p>Students demonstrate a range of help-seeking strategies that support them to access and evaluate health and physical activity information and services.</p>	<p>Personal, social and community health</p>	<p>Being health, safe and active</p>	<p>Making healthy and safe choices</p>	<p>Investigate and select strategies to promote health, safety and wellbeing (ACPPS073)</p>	<ul style="list-style-type: none"> examining scenarios to highlight how emotions, dispositions and decision-making can affect outcomes collaborating with peers to suggest strategies they could use in emergencies practising different communication techniques to persuade someone to seek help exploring help-seeking scenarios young people encounter and sharing strategies for dealing with each situation demonstrating basic first-aid principles and strategies discussing emotional responses to interactions within relationships, and proposing strategies to seek help 	<p>Generating ideas, possibilities and actions</p> <ul style="list-style-type: none"> Consider alternatives Seek solutions and put ideas into action <p>Inquiring – identifying, exploring and organising information and ideas</p> <ul style="list-style-type: none"> Organise and process information Pose questions Identify and clarify information and ideas <p>Reflecting on thinking and processes</p> <ul style="list-style-type: none"> Reflect on processes <p>Analysing, synthesising and evaluating reasoning and procedures</p> <ul style="list-style-type: none"> Apply logic and reasoning 	<p>Composing texts through speaking, writing and creating</p> <ul style="list-style-type: none"> Compose spoken, written, visual and multimodal learning area texts Compose texts <p>Comprehending texts through listening, reading and viewing</p> <ul style="list-style-type: none"> Interpret and analyse learning area texts Navigate, read and view learning area texts Comprehend texts <p>Word Knowledge</p> <ul style="list-style-type: none"> Understand learning area vocabulary
				<p>Help seeking</p>	<p>Practise and apply strategies to seek help for themselves or others (ACPPS072)</p>	<ul style="list-style-type: none"> investigating reasons why young people choose to use or not use drugs, and proposing strategies to make informed choices researching a variety of snack and lunch options, and evaluating nutritional value, value for money and sustainability impacts to create a weekly menu plan researching opportunities in the local community to participate in regular physical activity and examining how accessible these opportunities are for students proposing and practising strategies for celebrating safely, including assertiveness, refusal skills, planning travel arrangements and contingency plans examining strategies for safe practices in different environments, including transport and aquatic environments 	<p>Critical and creative thinking</p> <p>Inquiring – identifying, exploring and organising information and ideas</p> <ul style="list-style-type: none"> Identify and clarify information and ideas Organise and process information <p>Reflecting on thinking and processes</p> <ul style="list-style-type: none"> Reflect on processes <p>Analysing, synthesising and evaluating reasoning and procedures</p> <ul style="list-style-type: none"> Apply logic and reasoning 	<p>Personal and Social Capability</p> <p>Self-management</p> <ul style="list-style-type: none"> Work independently and show initiative Become confident, resilient and adaptable Develop self-discipline and set goals <p>Self-awareness</p> <ul style="list-style-type: none"> Develop reflective practice Understand themselves as learner

Alignment Template: Align achievement standards and structural curriculum elements

Year 7 and 8 Health and Physical Education

Aspects of the achievement standard	Year or band description	Strands	Sub-strands	Thread	Content descriptions	Elaborations	Personal and Social Capability	Critical and creative thinking
<p>Demonstrate control and accuracy when performing specialised movement sequences and skills.</p>	<p>Students develop specialised movement skills and understanding in a range of physical activity settings. They analyse how body control and coordination influence movement composition and performance and learn to transfer movement skills and concepts to a variety of physical activities</p>	<p>Movement and physical activity</p>	<p>Moving our body</p>	<p>Refining movement skills</p>	<p>Use feedback to improve body control and coordination when performing specialised movement skills in a variety of situations (ACPMP080)</p>	<ul style="list-style-type: none"> analysing their own and others' performance using ICT and implementing feedback to enhance performance participating in activities where vision is compromised to demonstrate the importance of auditory feedback using visual and kinaesthetic feedback when coordinating eye-hand and eye-foot movements to control different pieces of equipment designing and performing movement sequences to create, use and defend space composing and performing a group dance sequence in response to a piece of music or other stimuli travelling, marking and intercepting to achieve and retain possession designing and performing movement sequences to travel around, over, under and through natural or built obstacles 	<p>Self-management</p> <ul style="list-style-type: none"> Develop self-discipline and set goals Become confident, resilient and adaptable <p>Self-awareness</p> <ul style="list-style-type: none"> Develop reflective practice Recognise personal qualities and achievements Understand themselves as learners 	<p>Reflecting on thinking and processes</p> <ul style="list-style-type: none"> Reflect on processes Transfer knowledge into new contexts <p>Generating ideas, possibilities and actions</p> <ul style="list-style-type: none"> Consider alternatives Imagine possibilities and connect ideas Seek solutions and put ideas into action <p>Inquiring – identifying, exploring and organising information and ideas</p> <ul style="list-style-type: none"> Organise and process information
				<p>Developing movement concepts and strategies</p>	<p>Practise, apply and transfer movement concepts and strategies with and without equipment (ACPMP082)</p>	<ul style="list-style-type: none"> examining and demonstrating the similarities of strategies used in different physical activities and how they can be transferred to new movement situations exploring similarities in the bases of support and flow of movements when performing movement sequences selecting strategies that have been successful previously and applying the most appropriate ones when solving new movement challenges with and without equipment 	<p>Self-management</p> <ul style="list-style-type: none"> Become confident, resilient and adaptable Work independently and show initiative <p>Self-awareness</p> <ul style="list-style-type: none"> Understand themselves as learners Develop reflective practice 	<p>Analysing, synthesising and evaluating reasoning and procedures</p> <ul style="list-style-type: none"> Apply logic and reasoning Draw conclusions and design a course of action <p>Generating ideas, possibilities and actions</p> <ul style="list-style-type: none"> Seek solutions and put ideas into action Consider alternatives <p>Inquiring – identifying, exploring and organising information and ideas</p> <ul style="list-style-type: none"> Organise and process information Identify and clarify information and ideas